

# DEFEAT DISTRACTIONS. CONNECT WITH PURPOSE.

From event conferences to keynote speeches, Mark's message will leave you with a renewed sense of purpose and inspiration to challenge the distractions in your day.

*"Mark's message was an audience favorite!"*



BlueCross BlueShield

*"Felt just like a TED talk."*



*"Packed with powerful insights & takeaways."*



*"Mark is a powerful and entertaining speaker. He's a terrific addition to any event!"*

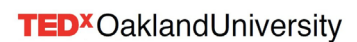
*"An inspiring message for our connected culture."*



*"Thought-provoking & funny!"*



*"We've had Mark speak for 3 straight years!"*



## About Mark

Mark Ostach is a sought after keynote speaker on the psychology of technology. He helps people cut through the distractions of the day to uncover a deeper meaning in their life's work. With degrees in psychology, technology, and even a short stint at massage therapy school, Mark is determined to remind the world that human connection is the most powerful connection we have.



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