

EMBRACING CHANGE & STAYING POSITIVE.

Virtual Team Training!

Training Overview

Change can have a major impact on the culture of an organization. Demonstrating empathy for the changes your team is going through and providing them with ways to restore energy and focus are critical – especially when dealing with fear. In Mark's 60-minute virtual training, he will provide ways for your team to stay positive and engaged while learning new tools to stay connected.

Key Takeaways

- Create a positive mindset in a remote workplace setting
- Stay anchored in a routine that keeps you focused & promotes restoration
- Learn effective ways to communicate & stay engaged within your virtual team
- Discover creative ways to release stress & manage your energy

Mark Ostach



“A powerful training!”

– Jeff Mason
Chief Executive Officer



“Packed with positive energy.”

– Charlie Metzger
Chief Revenue Office



“Timely takeaways.”

– Deborah Young
Head of Human Resources

Schedule a Virtual Training

Invite Mark to connect with your team today!

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